



We hope you enjoyed listening to the music today! To help you continue investigating music on your own, here are a few activities to try.

Music is Everywhere

1. Take a few minutes and **listen** to the sounds around you. What do you hear? Are the sounds **short, long, high** or **low**? Are they **rough** or **smooth**? What sounds sound like music to you?
2. Take a **look** around you. What objects do you see that might make fun instruments? Think of some that are unexpected.
3. **Collect** a few to make your own little ensemble. Pick things that make a sound when you strike them (gently!) with another object. Pick others that make a sound when you rub them or blow through them.

Places You've Visited

1. Think of a place you've visited. What **feelings** did you have when you went there? Does thinking about it make you **happy, sad, dreamy, or nostalgic**?
2. What kinds of sounds can you make from your homemade instruments to express those feelings?

Creating a Soundscape

1. Sit somewhere quietly, **listen** for a few minutes, and **write** down all the sounds you hear.
2. **Read** your words out loud to a friend or parent.
3. **Find** sound makers, objects or instruments that can make sounds similar to those you wrote down.
4. Using your "instruments," **recreate** the sounds you wrote down. Now it's a piece of music!

The Music of Memory

YOUR SONG INVENTORY

1. Make a list of your favorite songs, choosing ones that you know by heart and can sing. Some examples might be "Happy Birthday," "The Star Spangled Banner," or "Mary Had a Little Lamb."
2. Do you remember the first time you heard each one and how you learned it?
3. What memories or feelings do they conjure for you?

YOUR SONG-PAINTING

1. For each song, list one or two images that you associate with it. The images could come directly from the song or something more personal. For example, "Row, Row, Row Your Boat," could include images from your preschool class, the boat, or "life is but a dream."
2. Gather some art supplies and draw or paint a picture using as many images from your list as possible.

A SONG-PAINTING GAME

1. Find a small object to use as a game token. It could be a toy like a Lego or even a coin.
2. Move the piece around on your picture and as it travels from one image to another, sing part of that song.
3. Teach a friend or relative how to sing each song. How many songs can you sing together?

