



We hope you enjoyed listening to the music today! To help you continue investigating music on your own, here are a few activities to try.

## Inspiration is Everywhere

Musicians, artists, writers, and creative people of all kinds are inspired by things both within them - like feelings and thoughts - and outside of them - like other people, nature, stories, songs, and so on.

### Creating a Soundscape

1. Sit somewhere quietly, **listen** for a few minutes, and **write** down all the sounds you hear.
2. **Read** your words out loud to a friend or parent.
3. **Find** sound makers, objects or instruments that can make sounds similar to those you wrote down.
4. Using your "instruments," **recreate** the sounds you wrote down. Now it's a piece of music!

### For Kids

1. Think of a place you've visited. What **feelings** did you have when you went there? Does thinking about it make you **happy, sad, dreamy, or nostalgic?**
2. What kinds of sounds can you make to express those feelings?

### ACTIVATE YOUR IMAGINATION

Take a few minutes and think about things that inspire you - both from inside you and from the outside.

### TAKE CREATIVE ACTION!

Pick an inspiration from one column and then use it as inspiration for something in the other column.

#### Creative Action

Draw...

Improvise a song about...

Write a story about...

#### Inspiration

A mosquito or other insect  
 The feeling of dancing  
 The feeling of being excited

A mystery bird  
 A bird gliding in the air  
 Your earliest memory  
 A teacher or a friend

Your favorite game  
 Your favorite instrument

### For Parents

Reflecting on the concert, ask your kids:

1. What was your favorite piece of music? Can you draw what it felt like to listen to it?
2. What was your favorite instrument? Can you draw it? Can you draw what it felt like to *hear* it?

